

WINDOWS 7 UPDATING SEMINAR

H. E. DOYLE

WINDOWS 7 UPDATE (Video: 39 sec)

<http://windows.microsoft.com/en-us/windows7/products/features/windows-update>

WINDOWS 7 UPDATING YOUR COMPUTER

<http://windows.microsoft.com/en-us/windows7/Updating-your-computer>

HOW CAN I TELL IF MY COMPUTER IS UP-TO-DATE?

<http://windows.microsoft.com/en-US/windows7/How-can-I-tell-if-my-computer-is-up-to-date>

GET SECURITY UPDATES

<http://windows.microsoft.com/en-us/windows7/Get-security-updates-for-Windows>

UNDERSTANDING WINDOWS AUTOMATIC UPDATING

<http://windows.microsoft.com/en-us/windows7/Understanding-Windows-automatic-updating>

TURN UPDATING ON OR OFF.

<http://windows.microsoft.com/en-US/windows7/Turn-automatic-updating-on-or-off>

KEEPING COMPUTERS ON A NETWORK UP-TO-DATE

<http://windows.microsoft.com/en-us/windows7/Keeping-computers-on-a-network-up-to-date>

UPDATE A DRIVER FOR HARDWARE THAT ISN'T WORKING PROPERLY (*Be Careful*)

<http://windows.microsoft.com/en-us/windows7/Update-a-driver-for-hardware-that-isnt-working-properly>

KEEP WINDOWS DEFENDER DEFINITIONS UP TO DATE

<http://windows.microsoft.com/en-US/windows7/keep-Windows-Defender-definitions-up-to-date>

UPDATE MICROSOFT OFFICE

<http://windows.microsoft.com/en-us/windows7/Update-Microsoft-Office>

INSTALL WINDOWS UPDATES

<http://windows.microsoft.com/en-us/windows7/Install-Windows-Updates>

FREQUENTLY ASKED QUESTIONS

<http://windows.microsoft.com/en-us/windows7/Updates-frequently-asked-questions>

CREATE SETTINGS FOR WINDOWS UPDATE IN CONTROL PANEL

START, CONTROL PANEL, WINDOWS UPDATE

ACTION CENTER

<http://windows.microsoft.com/en-US/windows7/What-is-Action-Center>

HOW DOES ACTION CENTER CHECK FOR PROBLEMS?

<http://windows.microsoft.com/en-US/windows7/How-does-Action-Center-check-for-problems>

ANTIVIRUS, MALWARE, SPYWARE

MICROSOFT SECURITY ESSENTIALS (Download)) ANTIVIRUS PROGRAM

http://www.microsoft.com/security_essentials

Click on Help and Support

Click on Installation Video

CCLEANER (Cleans up temp files, history, cookies, registry (Free)

<http://www.piriform.com/ccleaner>

Spyware (Free Version)

<http://www.superantispyware.com>

Malware (Free)

<http://www.malwarebytes.org>

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